

Twenty Ninth Sunday in Ordinary Time 19th October 2025

Cnr Perfection Ave & Bentwood Tce, Stanhope Gardens

http://john23rd.com/ | https://www.facebook.com/john23rdparish/ | www.instagram.com/sj23stanhope



Welcome to the community of the Catholic Parish of St John 23rd Glenwood-Stanhope Gardens where the love of Christ is shining in so many ways.

ACKNOWLEDGEMENT OF COUNTRY

In the spirit of reconciliation, we acknowledge the traditional custodians of the lands in which the Catholic Parish of St John XXIII and the Diocese of Parramatta sits, the land of the Darug and Gundungurra people. We would like to pay our respects to the Aboriginal Elders past, present and future for they hold the traditions, memories and wisdom of Mother Earth on which we place our feet upon today.

Gospel Reflection

One ancient Christian approach to interpreting Hebrew Scripture is by a non-literal reading of the texts as foreshadowing the redemptive work of Christ. Thus the feature of today's first reading (Exodus 17:8-13) of Moses holding his hands raised in prayer during the battle with the Amalekites is able to be imagined as the same posture as Jesus on the cross, the two on either side of Moses supporting his arms being imagined to represent the two crucified on either side of Jesus. Such interpretations conveniently ignore unhelpful details, such as the three in Exodus not actually being crucified, nor the two in the gospel not actually supporting Christ's arms, but the detail of Moses resting in some fashion on a stone need not require the image of him seated as if on a chair but as resting against it. It would here be possible for the stone to foreshadow Peter "the Rock", even if he might be either a foundation stone or a stumbling stone. A benefit of this quaintly creative type of interpretation is that the text is no longer seen as approving of warfare between peoples, but that the Amalekites represent the powers of evil while the children of Israel represent all people, so that victory is won for all by the power of Christ's suffering on the cross. While we would not usually adopt this style of interpretation today it may still serve to explain why some biblical passages that we now find troublesome, or even offensive, were quite happily accepted in the early Church.

It seems the reason behind the choice of this passage for today is to provide a parallel image to Luke's given reason for telling this parable, another of his unique ones, "the need to pray continually and never lose heart". Moses appears to do so in the posture of raised arms until the battle's end, with necessary help as his arms tired, while the parable presents the widow as

persistent in demanding vindication, but without reference to praying to God. The common feature thus turns out to be a stress on the value of persistence in just causes, leaving the role of prayer as tenuous until Luke's attached interpretation that points to the unjust judge as an antithesis to God, who does respond to the cries of this chosen ones crying out "day and night", an expression also employed to mean "constantly". Here, however, is a paradox, for he says both that God "delays to act" and yet justice (or vindication) will be "done speedily". This may be resolved by a different translation: whereas "speedily" may refer to an action anywhere in time and thus promise a swift answer to prayers of the faithful even today, the other translation of "soon" indicates something about to occur at that time.

The mission announced at the beginning of the public ministry "to bring good news to the poor... to set the downtrodden free, to proclaim the Lord's year of favour" has been coming to the fore over the last few Sundays in Jesus' teachings on the good use of wealth. There is a promise in today's gospel that the vindication yearned for by the faithful of Israel would indeed be delivered soon. However, the faithful Christian reader knows where and how this procession will end, for Jesus is on the way of the cross. The vindication to be delivered soon in the crucifixion and resurrection was not what was expected, yet even after its amazing deliverance the disciple will need a persistent faith. "But when the Son of Man comes, will he find any faith on earth?"

Our Parish Mission

The Parish of St John XXIII is a faith community with the Eucharist as its heart. Inspired by John XXIII's prophetic opening of the windows of the Church, we welcome the fresh air of the Holy Spirit, inviting every person to share in the responsibility of enriching the life and faith of our community by sharing their gifts and talents."

Mass Times

Mon 8:30am **Tues-Fri** 9:15am

Sat 9.00am, 6pm Vigil **Sun** 7:30am 9am 10:30am 6pm

Holy Cross Primary School
Wed 9:15am during school days
2nd Sat 7:30pm Indonesian Mass

Masses of Devotion

1st Tues 7.30pm Novena Mass

Our Lady of Perpetual Help

1st Fri 7:30pm Novena Mass Sacred Heart of Jesus

Exposition + Benediction

1st Fri after 9.15am, 7.30pm Wed 8:00pm Holy Hour

Reconciliation

After the weekday masses

Sat after the 9am mass until 10.30am 5:15 - 5:45pm before the Vigil Mass or upon request

Sacraments

Sun 12pm Baptism by appointment

Prayers

Tue 7:00pm Rosary and novena prayers (Church Tabernacle)

Fri 6.30pm Christ Catholic

Community Prayer Group (office)
Pauline Camilleri 0407 417039

Special Blessings

Blessing during masses 1st Sun Birthday celebrants

3rd Sun Wedding anniversaries

Join & be part of our community. scan the QR code



If you want to be part of our mailing list please email

⊠ Communications@john23rd.org.au

OUR PARISH SCHOOLS

Ambrose Early Learning

160 Perfection Ave Stanhope Gardens
(02) 9852 0585

celcstanhope@parra.catholic.edu.au
nww.celcstanhope.catholic.edu.au

Holy Cross Primary

49 Meurants Lane, Glenwood Principal: Attila Lendvai

2 (02) 8664 7100

holycross@parra.catholic.edu.au
www.hcglenwood.catholic.edu.au

St John XXIII Catholic College

160 Perfection Ave Stanhope Gardens A/Principal: Frank Chiment

(02) 9852 0500

stjohn23stanhope@parra.catholic.edu.au
www.stjohn23stanhope.catholic.edu.au

Entrance Antiphon

To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

First Reading Exodus 17:8-13

As long as Moses kept his arms raised, Israel had the advantage.

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, 'Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile will stand on the hilltop, the staff of God in my hand.' Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses' arms grew heavy, so they took a stone and put it under him and on this he sat, Aaron and Hur supporting his arms, one on one side, one on the other; and his arms remained firm until sunset. With the edge of the sword Joshua cut down Amalek and his people.

The word of the Lord.

Thanks be to God

Responsorial Psalm

R. Our help is from the Lord, who made heaven and earth.

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord who made heaven and earth. **R**. May he never allow you to stumble! Let him sleep not, your guard. No, he sleeps not nor slumbers, Israel's guard. **R**.

The Lord is your guard and your shade; at your right side he stands. By day the sun shall not smite you nor the moon in the night. **R.** The Lord will guard you from evil, he will guard your soul. The Lord



Second Reading 2 Timothy 3:14 - 4:2

This is how the people of God become equipped and ready for every good work.

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures - from these you can learn the wisdom that leads to salvation through faith in Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people's lives and teaching them to be holy. This is how the man who is dedicated to God becomes fully equipped and ready for any good work.

Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Appearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience - but do all with patience and with the intention of teaching.

The word of the Lord.

Thanks be to God

Gospel Acclamation

Hebrews 4:12

Alleluia, alleluia!

The word of God is living and active; it probes the thoughts and motives of our heart. Alleluia!

Gospel

God will see those who cry to him vindicated.

Jesus told his disciples a parable about the need to pray continually and never lose heart. 'There was a judge in a certain town' he said who had neither fear of God nor respect for man. In the same town there was a widow who kept coming to him and saying, "I want justice from you against my enemy!" For a long time he refused, but at last he said to himself "Maybe I have neither fear of God nor respect for man, but since she keeps pestering me I must give this widow her just rights, or she will persist in coming and worry me to death.""

And the Lord said, 'You notice what the unjust judge has to say? Now will not God see justice done to his chosen who cry to him day and night even when he delays to help them? I promise you, he will see justice done to them, and done speedily. But when the Son of Man comes, will he find any faith on earth?'

The Gospel of the Lord

Praise to you, Lord Jesus Christ

Communion Antiphon

Behold, the eyes of the Lord are on those who fear him, who hope in his merciful love, to rescue their souls from death, to keep them alive in famine.



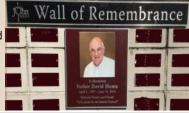
COLUMBARIUM

For our parishioners who are planning to buy a Niche, do so without delay, because we always want to prioritise members of our parish who wish to buy the Niches. For further information please contact the Parish Office.

MEMORIAL WALL

The wall in front of the church is devoted to the memory of our deceased family and friends, especially if they are buried overseas.

For any enquiries please email columbarium@john23rd.org.au
The plaques cost \$600.00







PRAISE AND WORSHIP 3rd Saturdays at 7:30pm SJ23rd Prayer Group



Young at Hearts Seniors Group contacts Contact either of the following: Frank Coleiro - 0459 504625 Trevor Coutinho - 0407 150399



CONTACTS

PARISH OFFICE

Office Hours

Tue - Fri 8.30 - 4.00pm

Office Contacts

2 (02) 8883 5981

(AH Émergency) **1** 0434 033 326

160 Perfection Avenue, Stanhope Gardens NSW 2768

MAILING

PO Box 23, Stanhope Gardens, NSW 2768

CLERGY

Parish Priest:

Fr Jolly Chacko

 \boxtimes jolly@john23rd.org.au **1** 0417 541 637 (emergency only)

Assistant Priest:

Fr Bartholomew Chukwu □ chukwu@john23rd.org.au

STAFF

Secretary:

Tanya Gatt

secretary@john23rd.org.au

Finance:

Renuka Soosaipillai

 accounts@john23rd.org.au Sacramental Coordinator:

Helen Zammit

sacramental@john23rd.org.au

OTHER CONTACTS

Parish Council:

John McCabe

⊠ johnlmccahe5@gmail.com

Maintenance issues:

David Gorkic

Maintenance@john23rd.org.au

Columbarium queries:

⊠ columbarium@john23rd.org.au

Never miss our Bulletin

If you would like to be included in our mailing list

NEW TO OUR PARISH?

Welcome to our parish community!

Please take a welcome pack from the church fover Visit our website http://john23rd.com/

Like our Facebook page www.facebook.com/john23rdparish

COELIACS

Those who are gluten intolerant may receive communion with a gluten low host. Please inform the acolyte before Mass.

HOMEBOUND

Homebound and would like to receive Holy Communion please contact the parish office or send text message to Rose Franco on 0401 387427

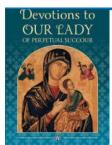


Office for Safeguarding Parramatta Way is to:

- ♦ Act with Justice, and state that we have a zero tolerance for any form of abuse or harm to children or any person
- ♦ Act with justice and ensure that laws and obligations are upheld, and safety is paramount https://safeguarding.org.au/

Praying together

Praying together provides a lot of benefits like strengthening our faith and uniting hearts in our community. Join us and enrich your faith and let the Holy Spirit come to you.



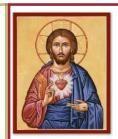
Rosary | novena prayers Tuesday at 7:00PM and Novena mass First Tuesdays 7:30pm

Rosary statue roster contacts Techie Sarlabus techie.sarlabus@gmail.com or Melva Paguinto emcipi85@yahoo.com.au

HOLY HOUR

Eucharistic Adoration Wednesdays 8:00PM





Novena Mass Our Sacred Heart of Jesus First Fridays 7:30PM with exposition and adoration Sacrament.

Rosary Statue Family Roster						
Oct	7	14	21	28		
	Valdez	Richards	Jacob	Nobleza		
Nov	4	11	18	25		
	Deang	Sebastian	Hala	Festejo		
Dec	2	9	16	23	30	
	Cruz CG	Barnouti	Sebastian	Paguinto	Paguinto	
Jan	6	13	20	27		
	Ruggiero	Ring M	Barnouti	Tangunan		
Feb	3	10	17	24		
	Available	Available	Available	Available		
"A family that prays together, stays together - Fr Patrick Peyton"						

PRAYING in the SILENCE of the **HEART** with Brother Roger of Taize God of consolation, you burden yourself with our burdens, so that we can move forward at every moment, from anxiety toward trust, from shadows toward light.

Diocesan News











For more events please go to https://catholicoutlook.org/connect/events/ or https://catholicoutlook.org/

26 October - WEDDING ANNIVERSARY MASS

You are warmly invited to attend the annual Wedding Anniversary Mass to be held Sunday 26th October. Please join us for 2pm Mass at St Patrick's Cathedral Parramatta celebrated by Bishop Vincent followed by afternoon tea at the Cathedral Hall. All couples celebrating a significant wedding anniversary will receive a certificate from Bishop

Please register your name, years of marriage and numbers attending to marriage@parracatholic.org by 15th October. Family and friends are welcome.

Volunteers needed at Catholic Care Emerton!

Catholic Care is looking for volunteers to help at their Walk-In Centre in Emerton on Tuesdays to Thursdays. Volunteers would assist welcoming people into the drop-in centre, greeting clients for counselling appointments, assisting the local Aunties' varning and art gatherings, reception of the OzHarvest food delivery and overall assistance with Catholic Care projects and programs. For more information, please contact Catholic Care on (02) 8843 2500.

Volunteers needed at Catholic Care's Mamre Creche

Are you great with young kids? Catholic Care is looking for friendly, caring volunteers to support staff during crèche sessions on Tuesdays and Wednesdays from 10am to 2pm at Mamre House, Orchard Hills. If you enjoy spending time with young children (aged 0-5) and have a few hours to spare, we'd love to hear from you. Volunteers will need to obtain a Working with Children Check and Police Check.

To help make a difference in the lives of local families, call Catholic Care on (02) 8843 2500.

Grab your FREE copy of the Catholic Outlook Magazine!

Also available online via catholicoutlook.org/magazine

Caring for our parish together

We are very grateful to all our parishioners who always generously support our Parish.

FIRST COLLECTION supports the priests and deacons of the Diocese. **SECOND COLLECTION** provides for the running costs of our church, ministry expenses. We have a Planned Giving Program. We encourage parishioners to register for direct debit or credit card deductions as alternative to an envelope system. Support can be provided via the registration forms are available at the church fover or from the website or scan the QR Code.



Community Events



As a community of St John 23rd, we invite our different cultural community to host a Saturday Vigil or Sunday mornings mini event after our mass celebrations for a full community involvement and encourage our parish community to support these mini endeavour.

Any other suggestions for church fanfare, fundraising activities or just availability of support are most welcome and greatly appreciated.

Please contact either Nanette - 0404 465600 or Techie - 0438 201436.



October Calendar				
Mon	20	8:30am - Mass		
Tues	21	9:15am - Mass 7:00pm - Novena Prayer Our Lady of Perpetual Help		
Wed	22	9:15am - Mass 8:00pm - Holy Hour		
Thurs	23	9:15am - Mass		
Fri	24	9:15am - Mass		
Sat	25	9.00am - Mass 6:00pm - Mass		
Sun	26	7:30, 9:00, 10:30am - Mass 6:00pm - Mass		



Join the Parish celebration of the Communion of Saints!

HOLYWEEN SAINTS & HEROES NIGHT!

Friday 31st October 2025 | 6:00 PM St John XXIII Catholic Church

Come dressed as your favourite saint or biblical character! "the real superheroes of our faith"

> Prizes for the best outfit! Enjoy games treats and fellowship... All ages welcome.

Please register VIA this QR Code! Kindly encourage your children to dress up as their favourite Saint or a hero from the Bible. It's a wonderful opportunity to learn, share stories of faith, and enjoy a safe, joyful celebration together.





SJ23RD FEAST DAY

Thank You for a Wonderful Feast Day!

We extend our heartfelt gratitude to everyone who contributed to the success of our Feast Day celebration. It was truly a joyful week honouring St John XXIII, with daily Masses and fellowship that brought our parish community together.

Special thanks to our Liturgical Team, Parish Ministries, and Parish Council for their dedication in leading the events. We also extend our appreciation to our generous donors — Melosi Deli (Penrith), Minchinbury Fruit Market, and parishioners who provided delicious food and refreshments. Food truly brings people together!

Lastly, thank you to all our parishioners for being part of this special celebration and for your continued support in making our Feast Day a memorable one.



Cake Angel's Kitchen

Product details: Buttery Rusks (Filipino Iloilo Biscocho)

Weight: 250 g per bag

Price Minimum order: 10



If each person can collect orders for 10 bags to share with friends and family, we'll be able to donate \$50 (the full amount of sales) to the church hall project. Delivery is also available upon request.

Contact: Send a text to 0423 777 430 (Madeline)

Please support this endeavour. All proceeds from the Cake Angels' Kitchen will go towards the Hall/Office Project Contributed to the project to date \$100.

Thank you to our supporters

HALL PROJECT UPDATE

We are the stewards of our parish, and we are not just building a hall, we are building the heart of our thriving parish Community. Ideally, if we can find 350 people with a gift of \$3000 each, we can achieve this. In saying this we also invite gifts of any amount, according to your giving ability and most importantly to give with a happy heart. Let us all dream together as Father jolly always

Ways to donate Bank transfer

Account name: Blessed John

XXIII Parish BSB: 067 950 A/C:00000313

Reference: BD (your name)

BPOINT

For credit card donation visit https://www.bpoint.com.au/pay/StJoh nXXIIIPGSG or scan the QR

Total contributions to date



Pastoral Ministries

The best way to find yourself is to lose yourself in the service of others. Mahatma Gandhi We are in need of volunteers to assist in the different pastoral ministries in our Parish.





John McCabe Karen Green Julian Martin Suni Fernando Mei Velasco Ajith Lobo Helen Festejo Rebecca Reynolds

⇒ SRE Teachers

If you could spare an hour during weekdays to spread God's word teaching the scriptures to children, **WE NEED YOU**. We currently have 4 public primary schools and a high school in our parish where we hold scripture classes during school hours for 30 minutes during Mondays, Tuesdays, Wednesdays, Thursdays and Fridays. For more information please call Asoki 0430 020265 or Renuka 0414 795814. Training and resources will be provided.

⇒ GARDENERS AND CLEANERS

Now that the church is open for celebrations, its floors need to be swept of dust, cobwebs brushed off, candle stands cleaned and garden kept green. We would like to request all our volunteer cleaners and gardeners to come back and continue their ministry. For more in formation of the parish office.

FLOWERS FOR THE CHURCH

For donation, please contact James David on 0413 787596



We would like to extend our gratitude to those who continually support and donate flowers for the altar.

SCRIPTURE REFLECTION Lectio Divina

St Jerome urges us to "search the scriptures" and say that "ignorance of the scriptures is ignorance of Christ." The scriptures reveal to us who God is and provide a light to illuminate our path through life. The scripture give us life.

We will shortly be starting a scripture reflection group in the parish, run by seminarian, Jeff Hood. We will use a process called lectio divina ('divine reading") to reflect on the meaning of bible passages for our faith and our life. These sessions will not be lectures on scripture, but will focus on our personal reflections on passages from the bible, often the reading for the coming Sunday.

We will meet at 7.00pm on Thursday night, in the Church Kitchen, commencing 16th October.

For further information, contact the Parish Office on 8883 5981.

Special Intentions

Born to eternal life:

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they, through the mercy of God, rest in peace. Amen

Maria Carnido, Hilton Lowe, Manolo Chavez, Queenie Walshe

Remembrances:

Anniversary:

Eric Fernando, Merita Fernando

Sick: Names published with permission.

Lord Jesus, heal me. Heal in me whatever You see needs healing. Heal me of whatever might separate me from You. Heal my memory, heal my heart, heal my emotions, heal my spirit, heal my body, heal my soul. Lay Your hands now gently upon me and heal me through Your love for me. Amen.

Brian McCunnie, Valeria Laureta, Lucas Colleta, Dr Bronwyn Andrews, Rosanna John Pellissery, Cindy Dadivas, Christina Properzi, John Tipton, Margaret Harrison, Emma Matoza, Bev Osborn Florentina Elisura, Peter McArdle, Melissa Nava Cathie Christie, Elizabeth Langley, Ryan Dixon, Virginia Santos, Charlie Busuttil İmelda Vinluan Elizabeth Candame, Obet Dionisio, Zena Samar Jerwin McCarron, Lily Camilleri, Natasha Leitao Peter Dawson, Lenka Olivier Talija, Troy James, Perla Magculang, Marilyn Nalapo, Mary Phillips, Carrie Conolly, Fausto Bayot, Joshua McCarroll, Maria Romeo, Myrna Manalili, Jonathan Gemin, Carlo Bueno, Raymond Lanzona, Louise Smith, Gerald Simbulan, Dudley Francis, Jude Newnes, Jakov & Marija Franich, Victor Pons, Zoev Illic, Marcelino Matteazi, Emma Q. Fernando, Alvin, Brendan Prideaux, Bev Lewis, Isagani Ocampo, Barbara Thompson, Elsie Knapp, Dexter Aguas Manuel Sarris, Rosie Carbonel, Ksenija Bosnic, Hilary Regan, Babies with Blister disease, Helen West

Thanksgiving

If you or a family member is homebound and would want to receive communion in your home please contact the parish office.

PRAYER FOR THE OUR NEW HALL PROJECT

Almighty God, we thank you for your many blessings to our parish and to each of us. We pray for your guidance and wisdom as we prepare ourselves to begin the construction. May your Holy spirit be with all our Engineers, architects, builders and all involved in this project. Protect them from harm and grant them skill and diligence. May this hall be a place of unity, fellowship and faith formation for our community, a space where we can grow in faith and serve others. Bless all our sponsors, donors and each of us who contribute in our own humble ways and means. Whatever we do, may we do it for your glory.

St. Joseph, the patron of families and workers,
St. John XX111, Patron of our parish,
Pray for us
ST. Vincent Ferrer, Patron of all builders,
Pray for us

Youth Ministry

BLAZE YOUTH

WHO: Year 7 to 12 **WHEN:** 7:00 - 9:00pm

WHERE: St John XXIII College (C Block Bell space)

For any queries, please email blaze@john23rd.org.au or DM @blazeyouthsj23 on Insta | FB



WHO: 18 - 35 years of age

WHEN: First Sundays each month **TIME:** 7:00 - 9:30pm

WHERE: St John XXIII Staffroom For any queries please either email

gnite.stjohn23@gmail.com or DM on @ignite_sj23

IGNI

MORE YOUTH GROUPS

CRL (Community of the Risen Lord)
Rojith de Silva 0405 9563210
Nimeshi Fernando 0417 101009

YFC (Youth for Christ)
Dominic Lim 0468 826253 Australia
Ronan Limguangco 0478 629629 International

How Catholics Pray

Catholics believe that prayer is a dialogue with God, a way to communicate with the divine. We believe that God is always present and listening and that prayer is a way to open up our hearts and minds to His love and guidance. Whatever form it takes, prayer is an essential part of Catholic life. It's a way for Catholics to strengthen our faith, find comfort in difficult times, and grow closer to God.

There are many different forms of Catholic prayer, from the formal prayers recited during Mass to the quiet meditations that occur in the privacy of one's home. Some Catholics find solace in the repetition of traditional prayers like the Rosary, while others prefer to pray in their own words, expressing their thoughts and feelings directly to God.

For a non-Catholic, Catholic prayer might seem like a complex and somewhat mysterious ritual. However, at its core, Catholic prayer is a deeply personal and profound way to connect with God. It's a way to express gratitude, ask for guidance, and seek solace in times of need.

Types of Prayer

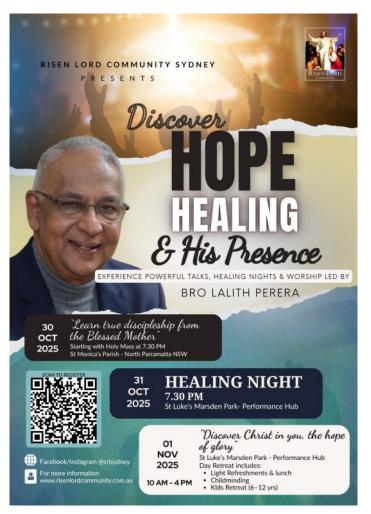
There are as many different forms of Catholic prayer as there are ways to have a conversation – from the formal prayers recited during Mass to the quiet meditations that occur during personal prayer time or at a retreat. Here are some ways that Catholics deepen their faith through prayer:

The Divine Office

Also known as the Liturgy of the Hours, this is the Church's daily prayer that sanctifies the various hours of the day. It is a communal act of worship offered by the clergy and faithful at specific times. You can participate by attending Mass or praying the Liturgy of the Hours at home.

The Rosary

The Rosary is a cherished Catholic devotion. It involves the repetition of prayers, including the Our Father and Hail Mary, while meditating on the life of Jesus Christ. Many parishes in the Diocese offer Rosary gatherings.





Adoration of the Blessed Sacrament

Eucharistic Adoration is a powerful way to be in the presence of Christ. Parishes in Parramatta often organise Eucharistic Adoration sessions.

Liturgical Prayer

Liturgical prayer refers to the formal prayers and rituals of the Catholic Church, particularly those celebrated during Mass. These prayers follow prescribed texts and structures, often involving congregational participation.

Lectio Divina

Lectio divina is a meditative approach to reading Scripture, involving reading, reflecting, praying, and contemplating the biblical text.

Contemplative Prayer

This is a state of deep union with God, characterised by stillness, silence, and a sense of God's presence.

Praise and worship

In contrast to the quiet of contemplative prayer, praise and worship is a musical expression of faith. Musicians, often a combination of vocalists and instrumentalists, lead the congregation in songs that praise God, express gratitude, and reflect on the teachings of the Church.

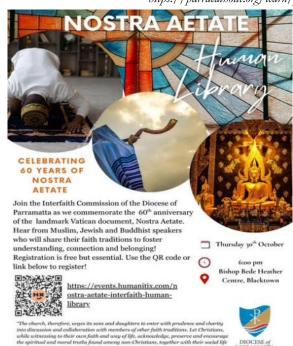
Community Prayer Meetings

Various groups within the Diocese meet for communal prayer sessions. These gatherings foster unity and offer support and encouragement in faith.

Personal Prayer

Private prayer is essential in strengthening your personal relationship with God. You can pray at home, in your parish, or in nature.

https://parracatholic.org/learn/pray/



FEAST DAY CELEBRATION



Indonesian Mass



Every Second Saturday, 7.30pm St John 23rd Church

Please come and celebrate The Eucharist together

(Indonesian Language)

Risen Lord Community Praise & Worship Night



7.30pm FRIDAYS. St John23rd College Hall

Come join us for an evening of deep intimacy with the Lord. Learn about the abundant and victorious life that Jesus died and purchased for us to have.

QUAKERS HILL FAMILY PRACTICE

- Multi Doctor practice with Christian values at the core
- In-house Allied health and Dental clinic

Complements from Quakers Hill **Family Practice**

Books are now open for new patients Tel - 02 9626 6300 www.qhfp.com.au



DESIGN // INSTALLATIONS // SERVICE // REPAIRS

0400 841 601









holyfamilyservices.com.au • Call us: 9678 8200

A Ministry of the Sisters of the Holy Family of Nazareth



Valid Until March 2026

To celebrate our first anniversary. we're offering 1% commission + GST.

Simply mention this ad!



0431 277 110 Julia Stella CEO | Principal

Stella & Co REAL ESTATE

Open 7 Days



Open 7 Days

MINCHINBURY **Fruit Market**

1039 Great Western Hwy, Minchinbury NSW 2770 Your Local Grocer Since 1960

MalteseFood

- Maltese Biscuits Three Hills Kunserva - Pastizzi & Ravioli Mayor Zalza & Sugi
- Zalzett
- * Fresh Fruit & Vegetables
- * Huge Selection of General & Continental Groceries
- * Frozen Foods Section * Delicatessen In store



Email: admin@minchinburyfruitmarket.com.au

00 magno KITCHENS

kitchens · laundries · vanities · wardrobes

magnokitchens.com.au 🗖





Michael Xiberras 0412 914 332

Call Michael for all of your plumbing needs

- **plumbing**
- ☑ drainage
- gas fitting
- M hot water
- ☑ blockage clearing ■ backflow prevention
- **excavations** roof plumbing
- cctv in pipe camera inspections and locating

michael@smickplumbing.com.au lic no. 246475C



Grand Motors Sydney offers a wide range of certified used vehicles to suit any budget.

We offer trade-ins, finance, and insurance, getting you on the road sooner. Contact Ravi Virwani, your local parishioner on 0421 876 584.

Visit us online or at 29 Brumby Street, Seven Hills.

www.grandmotorssydney.com.au



- info@pressurepro.sydney
- sydneypressurepro
- Sydney Pressure Pro



- Driveways & Retaining Wall
- Timber Decking & Patio
- All Outdoor Hard Surface
- Environmentally Friendly
- Prompt and Reliable Beat Any Verified Quote







'We understand the importance of family and it shows in everything that we do,

- a tradition of care and concern'
- . Funeral Planning
- · Prepaid Funerals
- · Australian Owned & Family Operated

Richard Spiteri on 02 9659 0900 (340 Old Northern Road, Castle Hi





