

For those who have experienced depression it is easy to identify with Job's reflection in today's first reading (Job 7:1-4,6-7). If not depression, then at least boredom in a rapid life, like children in a hot classroom yearning to be free and wondering why clock's minutes take so long to change. But Job is not young. Rather, his life has been upended, through no fault of his, and he wonders what the point of it all was. He is experiencing dejection and despair, wondering if he has lived thus far in delusion. The psalm responds with the consoling "Praise the Lord who heals the broken-hearted".

A curiosity of the four Gospels, and the New Testament writings in general, is the scant attention given to the wives of the apostles. We presume, based on cultural studies, that most if not all of them were probably married, but there is little evidence of this for any of them. Today's gospel passage (Mark 1:29-39) definitely indicates that Simon Peter had a wife, but this deduced from the reference to Peter's having mother-in-law. But leaving that detail aside we find that it, and the preceding liberation of the man with the unclean spirit, instigates a procession of people bringing the sick and the possessed for healing—so many that the whole town crowds around the door. Capernaum was not a huge town, and the story makes it sound as if disease and possession were rampant. Could it be true that the population of this town, or of ancient towns in general, experienced more disease and spiritual harassment than normally might be expected? Both states were understood to be signs of the oppression of sin in the world, so it actually indicates the effectiveness and truth of the mission of Jesus; it is one of remission and redemption. The telling of it, however, also stresses that a consequence of the signs worked by Jesus, those demonstrations of the authenticity of his redeeming message, is that they so take people's attention that they start to crowd out his proclaiming the Good News. He is almost overwhelmed by his own success. Seeking temporary solitude and space to pray he left the house before dawn, and when the searching disciples find him he tells them they will depart so as to visit the neighbouring towns to preach there too—that is, after all, his purpose and mission.

Again, more by coincidence than design, there is a parallel in the second reading (1 Cor 9:16-19,22-23) in Paul's reference to the duty laid on him to preach the Good News. This work is not drudgery, as poor Job's life feels to him, but rather it is driven by a passion for it, and his conviction in its vision and goal. Paul, as we know, had been convinced of the rightness of his former life, but having had it upended he came to believe that it was one of self-delusion, and now that he was set free from it he had an invigorating vision of something more profound that gave his life true meaning, the Good News of Jesus. Paul himself then is like those set free from sickness and possession, but not from physical illness nor demons, but from delusion and self-obsession or self-justification.

**THANK YOU** to everyone who have joined me in the memorial service to commemorate my father, Varkey Chacko's 40th day after his death.  
*Fr Jolly Chacko*

### ASH WEDNESDAY MASS TIMES – 14TH FEBRUARY

Wednesday, 14th February, is Ash Wednesday, the beginning of Lent. It is a day of fasting and abstinence. Please do participate in the Holy Mass on that day.

We have 3 Masses to make it convenient for everyone.



**6.00am (Church)**  
**9.15am (Church)**  
**11.15am (St John XXIII Whole School Mass in School Hub)**  
**12.00pm (Holy Cross)**  
**7.30pm (Church)**

### Our Parish Mission

*The Parish of St John XXIII is a faith community with the Eucharist as its heart. Inspired by John XXIII's prophetic opening of the windows of the Church, we welcome the fresh air of the Holy Spirit, inviting every person to share in the responsibility of enriching the life and faith of our community by sharing their gifts and talents."*

#### Mass Times

**Mon** 8:30am  
**Tues-Fri** 9:15am  
**Sat** 9.00am, 6pm Vigil  
**Sun** 7:30am, 9am, 10:30am, 6pm  
**Holy Cross Primary School**  
**Thurs** 9:15am during school days

#### Masses of Devotion

**1st Tues** 7.30pm Novena Mass  
*Our Lady of Perpetual Help*  
**1st Fri** 7:30pm Novena Mass  
*Sacred Heart of Jesus*

#### Exposition + Benediction

**1st Fri** after 9.15am 7.30pm

#### Reconciliation

**After the weekday masses**  
**Sat** after the 9am mass until 10.30am  
5:15 - 5:45pm before the Vigil Mass or upon request

#### Sacraments

**Sun** 12pm Baptism by appointment

#### Prayers

**Mon** 7.30pm Christian Meditation  
*Frances Pegram 0417 406715*  
**Tue** 7:00pm Rosary and novena prayers (*Church Tabernacle*)  
**Fri** 6.30pm Christ Catholic Community Prayer Group  
*Pauline Camilleri 0407 417039*

#### Praise & Worship

**Fri** 7:30pm Risen Lord Comm  
**3rd Sat** 7:30pm SJ23rd Prayer Grp

#### Special Blessings

**Blessing during masses**  
**1st Sun** Birthday celebrants  
**3rd Sun** Couple's Wedding anniversary

#### ACKNOWLEDGEMENT OF COUNTRY

In the spirit of reconciliation, we acknowledge the traditional custodians of the lands in which the Catholic Parish of St John XXIII and the Diocese of Parramatta sits, the land of the Darug and Gundungurra people. We would like to pay our respects to the Aboriginal Elders past, present and future for they hold the traditions, memories and wisdom of Mother Earth on which we place our feet upon today.

### Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

### First Reading

A reading from the prophet Job 7:1-4, 6-7

*I am filled with sorrow all day long.*

Job began to speak:

Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery?

Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!'

Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind.

Remember that my life is but a breath, and that my eyes will never again see joy.

The word of the Lord.

**Thanks be to God**

### Responsorial Psalm

Ps 146:1-6

**R. Praise the Lord who heals the broken-hearted.**

Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. **R.**

The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds, he fixes the number of the stars; he calls each one by its name. **R.**

Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. **R.**



### Second Reading

A reading from the first letter of St Paul to the Corinthians 9:16-19, 22-23

*Punishment will come to me if I do not preach the Gospel.*

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing.

The word of the Lord.

**Thanks be to God**

### Gospel Acclamation

Matthew 8:17

Alleluia, alleluia!

He bore our sickness, and endured our suffering. Alleluia!

### Gospel

A reading from the holy Gospel according to Mark 1:21-28

*He cured many who suffered from diseases of one kind or another.*

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

### Communion Antiphon

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

## Special Intentions

### Recently Deceased:

### Anniversary:

Paul Pravin D'Souza

### Deceased:

Josephine Apap

**Sick:** Names published with permission.

Lord Jesus, heal me. Heal in me whatever You see needs healing. Heal me of whatever might separate me from You. Heal my memory, heal my heart, heal my emotions, heal my spirit, heal my body, heal my soul. Lay Your hands now gently upon me and heal me through Your love for me. Amen.

Emma Q. Fernando, Wally Atie, John Tipton, Jovita Castillo, Marilyn Nalapo, Obet Dionisio, Isagani Ocampo, Helen West, Cindy Dadivas, Geoffrey Robinson, Gil Dormido, Paco Matias Jennifer Estrada, Louise Smith, Virginia Santos Cristina Arceo, Cesar De Jesus, Cathie Christie Emma Matoza, Theda Ojastro, Jackson Canlas Perla Magculang, Anna Sebastian, Elsie Knapp Peter McArdle, Ben&Etta Benesa, Victor Pons Bev Lewis, Christina Properzi, Charlie Busuttil Barbara Thompson, Pat Daly, Jonathan Gemin Raymond Lanzona, Matteazi Family, Fr Joseph Lenka Olivier Talija, Ksenija Bosnic, Zoey Illic Maria Romeo, Dudley Francis, Valeria Laureta, Florentina Elisura, Hilary Regan, Jerry Bondoc Rosamma Elizabeth Langley, Virgie Villanueva Dr Bronwyn Andrews, Jo Daly, Gloria Bueno, John Pellissery, Carrie Conolly, Jovita Castillo, Jakov & Marija Franich, Elizabeth Candame, Adrian Gould, Manuel Sarris, Peter Dawson, Maryanne Jaramillo, Susanne Krajancic

### Thanksgiving:

If you or a family member is homebound and would want to receive communion in your home please contact the parish office.

### PRAYING in the SILENCE of the HEART

Holy Spirit, mystery of a presence, you always come to us. You remain in the very depths of our souls and you awaken within us the expectation of a communion with you.

Brother Roger of Taizé

## February Church Calendar

Mon	5	Saint Agatha ((M)) 8:30am - Mass
Tues	6	Saints Paul Miki and companions (M) 9:15am - Mass 7:30pm - Novena Mass to Our Lady of Perpetual Help
Wed	7	9:15am - Mass
Thurs	8	9:15am - Mass
Fri	9	9:15am - Mass
Sat	10	Saint Scholastica (M) 9:15am - Mass 6:00pm - Vigil Mass
Sun	11	7:30, 9:00, 10:30am - Mass 7:30am - Cake Angels Stall 6:00pm - Mass

## Praying together

### Our Lady of Perpetual Help Prayer

O Mother of Perpetual Help, grant that I may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on my lips. Delay not, Blessed Lady, to rescue me whenever I call on you. In my temptations, in my needs, I will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills my soul when I utter your sacred name or even only think of you! I thank the Lord for having given you so sweet, so powerful, so lovely a name. But I will not be content with merely uttering your name. Let my love for you prompt me ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for me and grant me the favour I confidently ask of you. (Then say three Hail Marys).



**Novena mass - 7:30pm every First Tuesday**

**Join us for rosary and novena prayers every Tuesday, 7:00pm**

For the opportunity of having the statue of Our Lady visit your home, please contact Bart Sarlabus [bart.sarlabus@gmail.com](mailto:bart.sarlabus@gmail.com) or Melva Paguinto [emcipi85@yahoo.com.au](mailto:emcipi85@yahoo.com.au).

Families on the roster, if unable to pick up please don't hesitate to contact Bart or Melva.

**You may invite either Fr Jolly or Fr Zvonimir to join you in prayers at home.**

**Please organise with the parish office.**

### Rosary Statue Family Roster

Jan	2	9	16	23	30
	Ring	Vasram	Hala	Sebastian	Tangunan
Feb	6	13	20	27	
	Gan	Ring	Tina B	Meena	
Mar	5	12	19	26	
	Cruz	Dennis	Jacob	Shalini	
Apr	2	9	16	23	30
	Festejo	Vasram	Sebastian	Ring	available
May	7	14	21	28	
	available	Sebastian	available	available	

"A family that prays together, stays together - Fr Patrick Peyton"

### ALPHA PROGRAM

- ? Looking for a welcoming space to ask your life and faith questions?
- ? Interested in meeting other people in the parish?
- ? Want a space where you can invite your family and friends into the parish community?

St John XXIII's Alpha program is a great next step for you! We meet weekly, always with food, lots of laughter and wholesome life and faith conversation! For program schedule or to express your interest, contact Mei and Donnie on 0432 042140 or fill up the form or scan the QR code



<https://forms.gle/sdEMryVwvhUpNPnZ7>

**Looking forward to meeting you ☺**

## Paying our debt together

We are very grateful to all our parishioners who always generously support our Parish.

**FIRST COLLECTION** supports the priests and deacons of the Diocese. **SECOND COLLECTION** goes to the running costs of our church, ministry expenses and specially to pay off our church mortgage. A Planned giving Program is in place to help with the planning/budgeting of church expenses. The Parish Finance Committee encourages parishioners to register for direct debit or credit card deductions instead of the envelope system. An SJ23rd registration form is available at the church foyer or from the website.

**Parishioners who want to make a financial contribution are encouraged to use the TapnGo machines by the entrances or online via BPoint.**

scan the QR code





## Pastoral Ministries

*The best way to find yourself is to lose yourself in the service of others. Mahatma Gandhi*  
We are in urgent need for volunteers to assist in the different pastoral ministries in our Parish.



# WE NEED YOU

### ⇒ SRE Teachers

If you could spare an hour during weekdays to spread God's word teaching the scriptures to children, **WE NEED YOU**. We currently have 4 public primary schools and a high school in our parish where we hold scripture classes during school hours for 30 minutes during Mondays, Tuesdays, Wednesdays, Thursdays and Fridays. For more information please call Asoki 0430 020265 or Renuka 0414 795814. Training and resources will be provided.

### ⇒ GARDENERS AND CLEANERS

Now that the church is open for celebrations, its floors need to be swept of dust, cobwebs brushed off, candle stands cleaned and garden kept green. We would like to request all our volunteer cleaners and gardeners to come back and continue their ministry. For more information contact [maintenance@john23rd.org.au](mailto:maintenance@john23rd.org.au) or the parish office.

### ⇒ MUSIC MINISTRY

If your passion is music and are interested to assist with the music ministry, you are most welcome to join and make our liturgy celebrations more alive.

Please contact Neil Mascarenhas, our music ministry coordinator via email [neil.mas@gmail.com](mailto:neil.mas@gmail.com)



We still have aprons for sale \$30.00  
Please contact Techie on  
0438 201436 or the parish office for orders.  
Proceeds goes to our church funds

### FLOWERS FOR THE CHURCH

If you wish to donate flowers for the altar, please phone James David on 0413 787 596



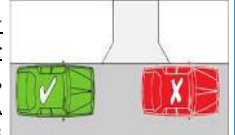
John McCabe  
Karen Green  
Julian Martin  
Suni Fernando

Mei Velasco  
Ajith Lobo  
Helen Festejo  
Rebecca Reynolds

### DRIVEWAY/CARPARK SAFETY

For everyone's safety, please park at least 1.8 meters from the church's driveway entrance.

Your parked vehicle must not block the flow of traffic or impair the vision of other drivers getting into or out of the parking lot, basically impeding vehicles from entering, exiting or turning into or from the church's driveway.



**Vehicle safety is more than just staying alert when parking your car. Let us not become a danger to other road users.**

Remember to please always use the footpath on both sides of the church car park when walking around the church parking lot, again for safety reasons.

Please make sure when you come to Mass, let us consider our neighbours. Do not block the neighbours' driveway.



### GOD LOVES US ALL!

Be inspired and liven up your spirit through Lanni Fides Books

Book 1: ENCOUNTERS WITH GOD THROUGH DREAMS AND VISIONS - author's testimonials of God's messages in sleep.

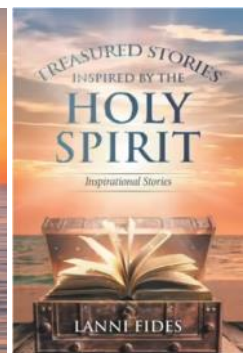
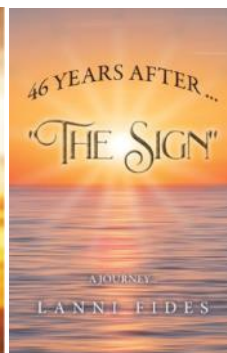
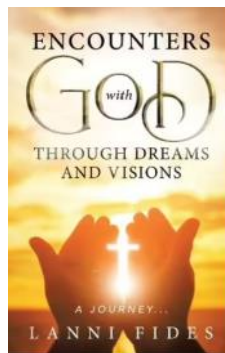
Book 2: 46 YEARS AFTER ... "THE SIGN" - author's remarkable revelation of her inspiring life story on faith, love, marriage, family, and purpose in life.

Book 3: TREASURED STORIES INSPIRED BY THE HOLY SPIRIT - inspirational stories of 22 different people in all walks of life, who experienced God's loving hands.

**"Nihil Obstat" Published with Ecclesiastical Approval by Fr Wim Hoekstra, Censor Deputatus, Diocese of Parramatta**

Now on sale at [amazon.com.au](http://amazon.com.au) / search lanni fides books or order directly from the author via email on [lynpanqi@outlook.com](mailto:lynpanqi@outlook.com). Only books 1 & 2 are in her stock, first come, first served basis applies.

Cost/book \$20. A portion of sales goes to Parish SS Project. Author's website: [www.lannifides.com.au](http://www.lannifides.com.au)



### COLUMBARIUM

For our parishioners who are planning to buy a Niche, do so without delay, because we always want to prioritise members of our parish who wish to buy the Niches.

For further information please contact the Parish Office.

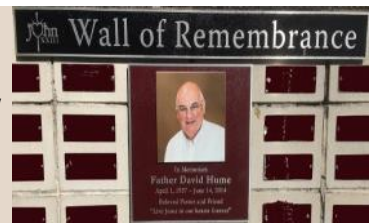


### MEMORIAL WALL

The wall in front of the church is devoted to the memory of our deceased family and friends, especially if they are buried overseas.

For any enquiries please email [columbarium@john23rd.org.au](mailto:columbarium@john23rd.org.au)

The plaques cost \$500.00



Join and be part of the  
**Cake Angels**  
contact Madeline Huang  
[cakeangels.stjohn23@gmail.com](mailto:cakeangels.stjohn23@gmail.com)



**PRaise AND WORSHIP**  
3rd Saturdays at  
7:30pm  
SJ23rd Prayer Group



**Young at Hearts**  
Seniors Group contacts  
Frank 0459 504625  
Trevor 0407 150399



**Vinnies**  
join the good works

## Community Events



Building our Community  
**TOGETHER**

We are organizing some mini events to contribute to our much needed church funds but **most especially** to boost our parish community engagements. It's about time to get together, know each other and begin to build up our Parish Community of St John 23rd.

We invite our different cultural community to host a Saturday Vigil or Sunday mornings mini event after our mass celebrations for a full community involvement. We encourage our parish community to support these mini endeavours.

Any other suggestions for church fanfare, activities or just availability of support are most welcome and greatly appreciated. Please contact either Nanette - 0404 465600 or Techie - 0439 201436.

**JOIN US,  
ENJOY WITH US  
UPCOMING  
EVENT/S  
Save the dates in  
your diary**



**11<sup>th</sup> February 2024**

after the morning masses

Come and enjoy delicious savoury and sweet fare.

If interested to assist or would like to make some food contribution please contact Madeleine Huang via email

[cakeangels.stjohn23@gmail.com](mailto:cakeangels.stjohn23@gmail.com)



### WORLD DAY OF PRAYER GATHERING

Friday 1st March at 6pm, at St John XXIII Church, Stanhope Gardens, everyone is welcome.

*The World Day of Prayer is a global ecumenical movement that brings Christians of many traditions together to observe a common day of prayer each year. Through preparation and participation in the worship service, we can learn how our sisters of other countries, languages and cultures understand the Biblical passages in their context. We can bear their concerns and needs and can join in solidarity with them as we pray with and for them. In this way, it is possible to enrich our Christian faith as it grows deeper and broader in an international, ecumenical expression.*

## YOUTH MINISTRY



For all youth ministry enquiries

✉ [blaze@john23rd.org.au](mailto:blaze@john23rd.org.au)

or visit our FB page

[www.facebook.com/blazeyouthsj23/](https://www.facebook.com/blazeyouthsj23/)

**REGISTRATION FORM**

*"I can do all things through Christ who strengthens me" Philippians 4:13*

Blaze is a youth group, Yrs 4 - 12, with the mission of creating a space for teens to learn, grow, serve and live out our Catholic faith. We facilitate the understanding and growth of our faith through various activities exploring the catholic perspective on a variety of themes such as social issues, teen challenges and faith-related topic.

Join us for a fun night filled with music, games, discussion, prayer and of course pizza. BLAZE youth session runs from 7:15 to 9pm and is held every second Friday throughout the school term in the St John XXIII school hall.

If you would like to come along to one of our sessions, please contact the team at [blaze@john23rd.org.au](mailto:blaze@john23rd.org.au)

## OUR PARISH SCHOOLS

### Catholic Early Learning Centre

160 Perfection Ave Stanhope Gardens

☎ (02) 9852 0585

✉ [celcstanhope@parra.catholic.edu.au](mailto:celcstanhope@parra.catholic.edu.au)

🌐 [www.celcstanhope.catholic.edu.au](http://www.celcstanhope.catholic.edu.au)

### Holy Cross Primary

49 Meurants Lane, Glenwood

Principal: Louise O'Donnell

☎ (02) 8664 7100

✉ [holycross@parra.catholic.edu.au](mailto:holycross@parra.catholic.edu.au)

🌐 [www.hcglenwood.catholic.edu.au](http://www.hcglenwood.catholic.edu.au)

### St John XXIII Catholic College

160 Perfection Ave Stanhope Gardens

Principal: Dr Peter Webster

☎ (02) 9852 0500

✉ [stmarks@parra.catholic.edu.au](mailto:stmarks@parra.catholic.edu.au)

🌐 [www.stjohn23stanhope.catholic.edu.au](http://www.stjohn23stanhope.catholic.edu.au)

Youth Coordinator	Asst Youth Coordinator	Youth Leaders		
Amanda Lee 0413 545 318	Caitlin Green 0425 579 594	Taylor Coutinho Natasha Surjanto	Charlotte Todhunter Anna Todhunter	Johnathan Soosaipillai

## MORE YOUTH GROUPS

CRL (Community of the Risen Lord)		YFC (Youth for Christ)	
Rojith de Silva 0405 9563210	Nimeshi Fernando 0417 101009	<u>YFC International</u> Vince Erasmo 0406 253698	<u>YFC Australia</u> Jonathan Montaos 0401 478733

## HOW TO PREPARE FOR LENT

By Vinita Hampton Wright

How do you prepare for Lent? How have you prepared in the past? What are your ideas about what should happen during Lent?

We have the traditional Catholic practices of praying, fasting, and almsgiving. So, we pray more than usual, or we pray with different emphases. We eat smaller or fewer meals or give up a favorite food or drink group. We give more of our resources or give them specifically to special works of mercy during Lent.

Prayer, fasting, and charitable giving continue to be quite good practices during Lent or at any time.

But, you might think, *how do I prepare myself for this season? What needs to happen within so that I can practice with more integrity and intention whatever I'm doing on the outside?* There are plenty of ideas for actions and practices during Lent; coming up with ideas usually is not the problem. But we don't want to do anything simply to be doing it, even if it's a good thing. We don't want to make a list of merciful works so that we can place a checkmark beside each one as we accomplish it.

It's good to have a plan for doing. It's also good to have a plan for being.

How do I want to be during Lent this year? More quiet and thoughtful? More open to God's desires? Better able to sit with people who need me? More attentive to sacred readings, whether in church or in private? Do I need to be more compassionate toward my own fears and failings? Do I need to become more courageous about using the gifts God has given me?

In the days prior to Lent, try one or more of these suggestions.

- Ask God, every day, "**What does my soul need?**" Just ask, and wait quietly. Because we're very good at fooling ourselves about how we're doing, it might take several days of praying this question before we're truly open and humble enough to know the answer.
- Ask God, every day, "**What about my life makes you happy?**" Yes, when God looks at your life, some parts of it—perhaps many aspects of it—bring joy to God's heart. Think of how your children or grandchildren or other people close to you make you happy. God is in relationship with you, which means that your sins grieve God's heart, but also that your growth and love and freedom and kindness bring joy to God of the universe. Again, you will probably need to pray this a few times before you are willing to consider that you give God pleasure, that you make God happy in any way. Stick with this little prayer and keep listening.
- Tell God, and yourself, every day, "**I want to be open to the graces of this Lenten season.**" Maybe you're not open right now, or you're not as open and willing as you'd like to be or think you should be. What else is new? We can always open our lives a bit more, let go of more stuff, listen better, and do more quickly and passionately what we know helps nurture God's kingdom on earth.

This is a beginning: three short and simple prayer starters to ready yourself for the holy season.

<https://www.ignatianspirituality.com/how-to-prepare-for-lent/>







**MET**  
Pastoral Formation



**OFFICE FOR WORSHIP**  
CATHOLIC DIOCESE OF PARRAMATTA



## CONTACTS

### PARISH OFFICE

#### Office Hours

Tue - Fri 8.30 - 4.00pm

#### Office Contacts

☎ (02) 8883 5981

(AH Emergency)

📞 0423 160567

160 Perfection Avenue,  
Stanhope Gardens NSW 2768

### MAILING

PO Box 23, Stanhope  
Gardens, NSW 2768

### CLERGY

#### Parish Priest:

Fr Jolly Chacko

✉ [jolly@john23rd.org.au](mailto:jolly@john23rd.org.au)

📞 0417 541 637 (emergency only)

#### Assistant Priest:

Fr Zvonimir Gavranovic

✉ [Zvonimir@john23rd.org.au](mailto:Zvonimir@john23rd.org.au)

### STAFF

#### Secretary:

Tanya Gatt

✉ [secretary@john23rd.org.au](mailto:secretary@john23rd.org.au)

#### Finance:

Renuka Soosaipillai

✉ [accounts@john23rd.org.au](mailto:accounts@john23rd.org.au)

#### Sacramental Coordinator:

Helen Zammit

✉ [sacramental@john23rd.org.au](mailto:sacramental@john23rd.org.au)

### OTHER CONTACTS

#### Maintenance issues:

David Gorkic

✉ [maintenance@john23rd.org.au](mailto:maintenance@john23rd.org.au)

#### Columbarium queries:

✉ [columbarium@john23rd.org.au](mailto:columbarium@john23rd.org.au)

### NEW TO OUR PARISH?

#### Welcome to our parish community!

Please take a welcome pack  
from the church foyer

Visit our website

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### COELIACS

Those who are gluten intolerant may receive communion with a gluten low host. Please inform the acolyte before Mass.



**Office for Safeguarding**  
**Parramatta Way is to:**

- ◆ Act with Justice, and state that we have a zero tolerance for any form of abuse or harm to children or any person
- ◆ Act with justice and ensure that laws and obligations are upheld, and safety is paramount  
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For more events please go to <https://parracatholic.org/connect/events/> or <https://catholicoutlook.org/>

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**Ministries for Formation include Ministers of the Word, Extraordinary Ministers of Holy Communion, Communion to the Sick and Dying and Ministers at the Altar.**

Comprehensive training for ministers who wish to serve at the altar during Mass for their parish.

For those who are interested to be part of this ministry, application forms are available at the church foyer or via the website <https://officeforworship.org.au/>

All applications need to be endorsed by your parish Priest prior to attending the first Introductory session.



**OFFICE FOR WORSHIP**  
CATHOLIC DIOCESE OF PARRAMATTA

Mary Gale  
☎ (02) 8838 3456  
✉ [mary.gale@parracatholic.org](mailto:mary.gale@parracatholic.org)

### Liturgical Ministry Formation Courses 2024

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Please choose ONE location per session

BLACKTOWN (Mondays 7.00pm) Bede Heather Centre (Formerly known as the Institute for Mission) 1-3 Marion St, Blacktown 2148	SESSIONS	PENRITH (Thursdays 7.00pm) St Nicholas of Myra Parish Entry Via Higgins St, Penrith 2750
<input type="checkbox"/> Monday 19th February	Compulsory Introductory Session	<input type="checkbox"/> Thursday 22nd February
<input type="checkbox"/> Monday 26th February & 4th March	Ministers of the Word	<input type="checkbox"/> Thursday 29th February & 7th March
<input type="checkbox"/> Monday 11th March & 18th March	Extraordinary Ministers of Communion	<input type="checkbox"/> Thursday 14th March & 21st March
<input type="checkbox"/> Monday 8th April	Communion to the Sick & Dying	<input type="checkbox"/> Thursday 11th April
<input type="checkbox"/> Monday 29th April	Ministers at the Altar	<input type="checkbox"/> Thursday 2nd May

\* Please note if wishing to complete Communion to the Sick and Dying, it is compulsory to attend Ministers of Communion first.

\* If you would like to become a Minister at the Altar, you must attend all 8 sessions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parish: \_\_\_\_\_

Parish Priest: \_\_\_\_\_

Parish Priest Signature: \_\_\_\_\_

Please complete and return before Friday 9th February, 2024

Please Return Enrolment Form to:  
Office for Worship, Bethany Centre, 420 Church Street, Parramatta NSW 2150 | ☎ [\(02\) 8838 3456](tel:(02)88383456) | ✉ [mary.gale@parracatholic.org](mailto:mary.gale@parracatholic.org)  
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