

# Monday of the Tenth Week in Ordinary Time

Monday 08 Jun 2020

## ENTRANCE ANTIPHON

The Lord is my light and my salvation; whom shall I fear?  
The Lord is the stronghold of my life; whom should I  
dread? When those who do evil draw near, they stumble  
and fall.

## FIRST READING

*1 Kings 17:1-6 (JB)*

A reading from the first book of the Kings

*Elias stands before the Lord God of Israel.*

Elijah the Tishbite, of Tishbe in Gilead said to Ahab, 'As  
the Lord lives, the God of Israel whom I serve, there shall  
be neither dew nor rain these years except at my order.'

The word of the Lord came to him, 'Go away from here,  
go eastwards, and hide yourself in the wadi Cherith which  
lies east of Jordan. You can drink from the stream, and I  
have ordered the ravens to bring you food there.' He did  
as the Lord had said; he went and stayed in the wadi  
Cherith which lies east of Jordan. The ravens brought him  
bread in the morning and meat in the evening, and he  
quenched his thirst at the stream.

## RESPONSORIAL PSALM

*Ps 120:1-8*

**R. Our help is from the Lord who made heaven and  
earth.**

I lift up my eyes to the mountains: from where shall come  
my help? My help shall come from the Lord who made  
heaven and earth. **R.**

May he never allow you to stumble! Let him sleep not,  
your guard. No, he sleeps not nor slumbers, Israel's guard.  
**R.**

The Lord is your guard and your shade; at your right side  
he stands. by day the sun shall not smite you nor the moon  
in the night. **R.**

The Lord will guard you from evil, he will guard your soul.  
The Lord will guard your going and coming both now and  
for ever. **R.**

## GOSPEL ACCLAMATION

*Matthew 5:12*

Alleluia, alleluia!

Rejoice and be glad; your reward will be great in heaven.  
Alleluia!!

## GOSPEL

*Matthew 5:1-12*

A reading from the holy Gospel according to Matthew

*Happy are the poor in spirit.*

Seeing the crowds, Jesus went up the hill. There he sat  
down and was joined by his disciples. Then he began to  
speak. This is what he taught them:

'How happy are the poor in spirit: theirs is the  
kingdom of heaven.

Happy the gentle: they shall have the earth for their  
heritage.

Happy those who mourn: they shall be comforted.

Happy those who hunger and thirst for what is right:  
they shall be satisfied.

Happy the merciful: they shall have mercy shown  
them.

Happy the pure in heart: they shall see God.

Happy the peacemakers: they shall be called sons of  
God.

Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you  
and speak all kinds of calumny against you on my account.  
Rejoice and be glad, for your reward will be great in  
heaven; this is how they persecuted the prophets before  
you.'

## COMMUNION ANTIPHON

The Lord is my rock, my fortress, and my deliverer; my  
God is my saving strength.