



Cnr Perfection Ave and Bentwood Tce, Stanhope Gardens
<http://john23rd.com/> <https://www.facebook.com/john23rdparish/>



**First Sunday
of Lent
10 March 2019**

From the Pastor's desk

After his baptism Jesus was driven by the Holy Spirit into the wilderness where the devil put him to the test. Jesus was offered three shortcuts to his living in harmony with the will of his Heavenly Father.

- ⇒ First, when he was hungry there would be bread out of stones.
- ⇒ Second, when he wanted to change the world he could have absolute political power.
- ⇒ Third, when he needed to take risks, angels would keep him safe.

Our baptism does not insulate us from the same threefold pattern of temptation. Do you find yourself saying:

I want the whole world to change to satisfy me, or

I want to exercise power over others, or

I want to take stupid risks and come out unharmed, or all three!

What must we do when such temptations assail us?

Realise that such temptations are much less powerful than they seem – the last gasp of the vanquished devil. Imitate Jesus in going to the Scriptures, preferably the Gospels, in order to have the words to hurl back at the devil as you are tested.

We could pause to make a Lenten resolution to read a Gospel, and to do so confident of our Baptismal identity as beloved daughters and sons of God.

Michael Tate

Mass Times

Mon - Fri 9:00am
 also Wed 10:00am
 Holy Cross Primary *school term only*
 Sat 9:00am, 6:00pm (Vigil)
 Sun 7:30am, 9:00am,
 10:30am, 6:00pm (Youth)

Devotions & Prayers

Novena Masses

Tue 7:30pm
 Our Lady of Perpetual Help
 1st Fri 7:30pm
 Sacred Heart of Jesus

Exposition of the Blessed Sacrament & Benediction

Tue after the 7:30pm Liturgy of the Word after the 7.30pm Mass

1st Fri after the 7.30pm Mass

Sacrament of the Sick

1st Sat 9:00am Mass or upon request

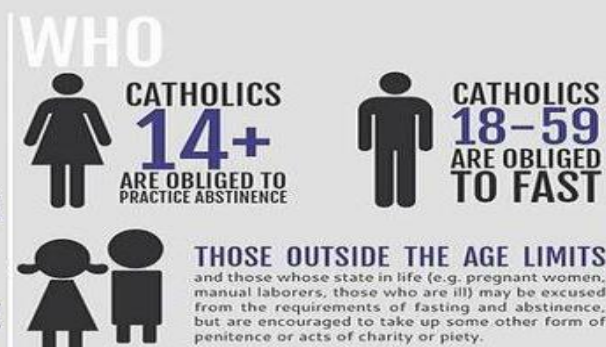
Divine Office

Sun 8:15am after 7.30am Mass

Praise & Worship/Prayer Group

2nd Sat 7:30pm led by CRL
 (Community of the Risen Lord)
 3rd Sat 7:30pm led by SJ23rd Prayer Group
 Mon 7:30pm Christian Meditation Group in Parish Office Conference Room led by Frances Pegrem (0417 406715)
 Fri 6:30pm led by Christ Catholic Community Prayer Group in the Parish Office Conference Room

AN ILLUSTRATED GUIDE TO LENTEN FASTING & ABSTINENCE



MAR

THIS WEEK IN OUR PARISH

Mon	11	9.00am - Mass 7:30pm - Christian Meditation in Parish Office Conference Room
Tue	12	9.00am - Mass 7:30pm - Novena to our Lady of Perpetual Help after Liturgy of the Word
Wed	13	9.00am - Liturgy of the Word 10.00am - Mass in Holy Cross school
Thu	14	9.00am - Mass
Fri	15	9.00am - Mass followed by Benediction 6:30pm - CCC Prayer Group - Parish Office Conference Room 7:30pm - Stations of the Cross
Sat	16	9.00am - Mass 9:45am - Seniors' Mini-Retreat
Sun	17	St Patrick's Day 12pm - Baptism - Please pray for Nate

Our Parish Mission

The parish of St John XXIII is a faith community with the Eucharist as its heart. Inspired by John XXIII's prophetic opening of the windows of the Church, we welcome the fresh air of the Holy Spirit, inviting every person to share in the responsibility of enriching the life and faith of our community by sharing their gifts and talents."



Entrance Antiphon

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

First Reading

Deuteronomy 26:4-10

The confession of faith of the elect.

Moses said to the people: "The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

The word of the Lord. **Thanks be to God.**

Responsorial Psalm

Ps 90:1-2, 10-15

R. Be with me, Lord, when I am in trouble.

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' **R.**

Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. **R.**

They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. **R.**

His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory. **R.**

Second Reading

Romans 10:8-13

The confession of faith of the believers in Christ.

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

The word of the Lord. **Thanks be to God.**

Gospel Acclamation

Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone, but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel

Luke 6:39-45

Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him, 'throw yourself down from here, for Scripture says:

He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him to return at the appointed time.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Communion Antiphon

One does not live by bread alone, but by every word that comes forth from the mouth of God.



OFFICE

160 Perfection Avenue,
Stanhope Gardens, 2768
(next to St Mark's College Admin Office)

MAILING

PO Box 23, Stanhope Gardens,
NSW 2768

SACRAMENTS

Baptism *by appointment*

Sun 12:00pm

Reconciliation (First Rite)

Sat 5:00 - 5:45pm

And after any weekday masses

CLERGY

Parish Priest:

Fr John McSweeney

✉ FrJohn@john23rd.org.au

Asst. Priest:

Fr Thomas Bui

✉ FrThomas@john23rd.org.au

Deacon:

Rodrigo Rupac

✉ DeaconRudy@john23rd.org.au

PARISH OFFICE

Office Hours

Tue - Fri 8.30 - 4.00pm

Office Contacts

(02) 9852 0580

(0423 160 567 AH Emergency)

STAFF

Secretary

Tanya Gatt

✉ secretary@john23rd.org.au

Finance:

Renuka Soosaipillai

✉ accounts@john23rd.org.au

Sacramental Coordinator:

Jill Franco

✉ admin@john23rd.org.au

Business Manager:

John McCartney (*pro bono*)

✉ businessmanager@john23rd.org.au

NEW TO OUR PARISH?

Welcome to our parish community!

Please take a welcome envelope pack from the front entrance.

Also visit our website or like our Facebook page

www.facebook.com/john23rdparish



Welcome to the community of the Catholic Parish of St John 23rd Stanhope Gardens where the love of Christ is sharing in so many ways.

SUGGESTION BOX

We welcome your comments and constructive suggestions.

PARISH NEWS

COLUMBARIUM UPDATE

The next four walls are now available for purchase. Yes, the next FOUR walls – Sts Matthew, Mark, Luke and John. St Matthew and St Mark will be completed mid-December and St Luke and St John will be completed in February next year.

Cost for 2019 are as follow:

1st niche 2,750

2nd niche 2,200

3rd & subsequent niches 1,980

We will have a sales weekend at all masses early in the new year but, in the meantime, register your interest with your name and number of niches, via email to businessmanager@john23rd.org.au

WORKING BEE

We need more volunteers to look after our garden beds

How can I help?

By using your time and talents

Please contact John McCartney

businessmanager@john23rd.org.au



WE GIVE THANKS TO.....

To all parishioners who supported our Cake Angel Stall, your continued support is very much appreciated. We were able to raise \$1,366.70 which will go to our church funds.

To all our regular gardeners who endeavour to make our church grounds beautiful. A special mention to the 2 parishioners who came for the working bee and worked beside our regulars last Saturday, they did a great job in our church garden beautification. We pray that more parishioners will find time to help out with our garden. More hands make light work.

FIRST HOLY COMMUNION & CONFIRMATION PARENTS' MEETINGS

Confirmation Parents' Meeting:

Wed 27 March, 7.30pm. Church

First Holy Communion Parents' Meeting:

Wed 1 May, 7.30pm. Church

Copies of the sacramental calendars are available in the church foyer or on our website: www.john23rd.com

For all enquiries, please contact Jill on 9852-0583 or at admin@john23rd.org.au

FAITH EDUCATORS NEEDED!

The Sacramental team is looking for anyone who would like to help facilitate a small group of children during the First Holy Communion and Confirmation sacramental programs. Only a passion to pass on the faith to our young ones is needed. Training provided. To find out more, contact Jill on 0402 172 346 or at admin@john23rd.org.au

WANT TO DO SOMETHING EXTRA FOR LENT?

Come and join us Friday evening at 6.30 pm. In staff meeting room. Opp. Church Office. We will look at and discuss Sunday Mass Gospels for Lent. Finishing with Stations of the Cross. Any age welcome. For more Info. Call Pauline. 0407417039. Or. Just turn up !!



SOURCE: CATHOLICEXCHANGE.COM

CatholicLink

COELIACS Those who are gluten intolerant may receive communion with a gluten low host. Please inform the acolyte before Mass.

Changes to our collection

First Collection will occur after the Homily and which will be brought to the altar during the offertory procession. The Second Collection will occur after the offertory and will be brought forward during the Holy, Holy.

Paying our debt together

First Collection – for the diocese. This is used for the support of the Bishop and priests of the Diocese.

Second Collection – for the parish. This is used to meet our parish running costs of the church and provide for ministry expenses.

PLANNED GIVING PROGRAM If you would like to be a part of the church's plan giving program, which goes to the second collection, an **SJ23rd form** is available at the church foyer or contact the parish office. We would encourage instead of the envelope system to either direct debit or credit card deduction.

FAITH FORMATION

⇒ Our Lady of Perpetual Help

We continue to ask for host families to pray the rosary at home and request our Blessed Mother's intercessions. Tuesday nights beginning with Evening Prayer at 6.30pm, Rosary at 7.15pm, Mass and Novena prayers at 7.30pm with sung Exposition and Benediction of the Blessed Sacrament after the novena mass. Pick up the statue after the novena mass and return a week after, before the start of the novena mass.

"A family that prays together, stays together - Fr Patrick Peyton"

If you want the opportunity of having the statue of Our Lady visit your home contact Bart Sarlabus bart.sarlabus@gmail.com or Melva (after novena mass).

⇒ 2019 Lenten Program

Dear parishioners, are you looking for a way to prepare yourselves for our Lord's Passion? Pray, share and live each Sunday's Gospel in Lent by joining a group or forming your own Lenten Discussion Groups. Discussions will be guided by a participant's book plus DVD and CDs entitled **Compassion - Reflecting, Sharing and Living the Good News** which will be provided. Information on the elements of the program can be found online www.lentprogram.com.

Groups will meet once a **week** starting the week of Ash Wednesday (6th March) and run for the 6 weeks of Lent. **One group will meet every Friday morning at 10.00am at the church kitchen commencing 8th March, 2019.** Sign-up sheets for this group or any other group you may wish to form/join are available at the church foyer.

For further info, please contact **Vit Lim on 0411 765050.**

RCIA (Rite of Christian Initiation of Adults)

On Sunday, they will attend the RITE of ELECTION at St Patrick's Cathedral Parramatta. This rite involves

- 1 the testimony of the sponsors and the community and
- 2 the enrolment of names in the Book of Elect.

Please pray for the RCIA team and all the prospective converts.

EVANGELIZATION

⇒ SRE TEACHERS NEEDED

The harvest is great but the workers are few (Matthew 9:37)

If you have the desire to spread God's word to children and could spare an hour during weekdays, please consider this ministry. Training and resources will be provided.

We currently have four public primary schools and one high school in our parish that we teach in. The scripture classes are conducted during school hours for half an hour. The days available are Mondays, Tuesdays, Wednesdays and Thursdays.

If you want further information please call Asoki (0430 020265) or Renuka (0414 795814)

Rosary Statue Family Roster for Tuesday Nights

	5	12	19	26	
Mar	Paguinto R	Jacob	Shalini	Reodique	
Apr	2	9	16	23	30
	Lequin	Olan	Pangilinan E	Sebastian	Shalini
May	7	14	21	28	
	Drummond	Viola	Shalini	Sebastian	
Jun	4	11	18	25	
	Erasmo	Thirimanne	Richards	Sebastian	
Jul	2	9	16	23	30
	available	Shalini	Chula	available	Javier C

"Mary joins us, she fights at our side. She supports Christians in the fight against the forces of evil. Especially through prayer, through the Rosary. Hear me out, the Rosary. ... Do you pray the Rosary each day?" Pope Francis

PASTORAL CARE

If you or any family member is homebound and would want to receive communion in your home please contact the parish office.

⇒ Anglican Retirement Village (ARV) Dudley Foord House Visits

Our monthly visit dates are to be confirmed. For all enquiries of bookings please contact Jill Franco on 0402 172 346 or at admin@john23rd.org.au

⇒ Seniors' Mini-Retreat: From Invisible to Invincible. Embracing God's gift of years

Led by Sr Grace from the IFM (Institute for Mission), this mini-retreat will focus on the following:

- * Sharing life stories
- * Finding and re-defining our Baptismal call
- * Learning tools for the journey through centering prayer
- * Prayers of surrender, abandonment and trust

When SAT 16 MARCH, 9.45am-1pm

Where St Mark's Staff Room

Come join us for spiritual rejuvenation through prayer and reflection whilst meeting others along the way.

Light lunch will be provided. This is a free event and there are only **25 spaces** available.

⇒ Seniors' Afternoon Tea Dance

Put on your dancing shoes! The Pastoral Care Ministry is hosting its 4th social event for seniors with an Afternoon Tea Dance. We hope to see you there!

SAVE THE DATE!

When SAT 18 MAY, 3-5pm

Where ST. MARK'S SCHOOL HALL

⇒ Communion to the Sick Ministry

If you or anyone you know are homebound due to illness and would like to receive communion, please contact Jill below. Thank you very much Angel, Mary Jo, Isabel, Myrna, Smita, Rose, Shalini, Remy, Helen, Bernadette, Chris, Janice and Gary for your commitment and time in bringing Jesus to those in need. We, the ministry and the parish, appreciate it very much. We also warmly welcome Rosa and Renuka to the team. Welcome!



Special intentions

Recently Deceased:

Christine McPortland,
Nalini Ranasinghe

Deceased:

Beryl Suhal, Beryl Suhal,
Douglas M Suhal, Douglas Suhal,
Antiona Cremona, Angelo Cremona,
Victor Cremona, Victoria Cremona,
Emanuel Cremona, Thelma Pore,
Terence Ulaharaj, Charles Briffa,
Crispina Auno, Prosper Dejos

Anniversary:

Leah Pore

Sick:

Names will normally only be published in the bulletin with an individual or family member's permission.

Virginia Santos, Fr John

Thanksgiving:

Abigail Pragasam, Rodney Matasay,
Coreen, Baby Lilly, Beryl Margaret,
Rodney Ulaharaj, Ronaldo, Kristine,
Maria, Ramon, Vincenzo Zamora,
Ravi & Bernadette Virwani,
Adriel Fontanilla, Letlet Fontanilla

Church Funnies

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(See Matthew 14:14-21) 03-13-2009
YES I COULD MAKE FIVE THOUSAND OF THOSE,
BUT A FEW FISH AND SOME BREAD MIGHT BE A
BETTER OPTION

OUR PARISH SCHOOLS

Holy Cross Primary

49 Meurants Lane, Glenwood

Principal: Marina Hardy

☎ (02) 8664 7100

✉ holycross@parra.catholic.edu.au

John XXIII and St Mark's College

160 Perfection Ave, Stanhope Gardens

Principal: Dr Peter Webster

☎ (02) 9852 0500

✉ stmarks@parra.catholic.edu.au

Catholic Early Learning Centre

160 Perfection Ave, Stanhope Gardens

☎ (02) 9852 0585

✉ celcstanhope@parra.catholic.edu.au

www.celcstanhope.catholic.edu.au

Diocesan News

Communion to the Sick, Blacktown Hospital

We urgently require people to take Holy Communion to patients in Blacktown Hospital on Sundays. Volunteers are currently rostered on every second month (6 times annually). Distribution of Communion takes about 2 to 3 hours. Security checks required and carpark access available. Extraordinary Ministers of the Eucharist who can help with this important ministry please contact Deacon George Bryan at Mary, Queen of the Family Parish Blacktown either via the parish office or via at George.Bryan@parracatholic.org

Join St Patrick's Cathedral Choir

St Patrick's Cathedral Choir, Parramatta is recruiting singers! This is an exciting opportunity to join a group of highly talented musicians. Choral scholarships are also available to singers who demonstrate advanced vocal skills and musical leadership qualities. For further info visit <http://www.stpatscathedral.com.au/musicministry/index.htm> or contact the Music Director, Bernard Kirkpatrick on 0430 431884.

Volunteers Urgently Needed for Visiting Residents of Aged Care Facility

Are you interested in visiting an elderly person in a nursing home who has no or very few visitors? This service is organised through CatholicCare. You would visit on average once every two weeks with CatholicCare providing training and other support. After talking with you about your interests, we will match you with a resident in a nursing home within approximately 10km of your home. The visit is entirely within the nursing home – you do not take the person on outings or shopping etc. For more info, contact Deb Woolacott on 0418 114055 or deb.woolacott@ccss.org.au

Bishop's Lenten Appeal

The Ephpheta Centre, supported by the Parramatta Catholic Foundation, gives hope, compassion, connectivity and care to the deaf and hard of hearing. Your kind-hearted support will provide chaplaincy and pastoral care for the vulnerable and isolated, in homes, hospitals, prison and aged-care facilities. Please be a channel of hope and give generously via the Appeal envelopes or online at yourcatholicfoundation.org.au/appeal.

14 March - Social Justice Office Housing Assembly 2019

You're invited on Thursday, March 14 6pm, nine days before the next NSW election, to join 2000 leaders and citizens at Sydney Town Hall to stand together for the common good. Together we will be seeking clear, concrete commitments on affordable housing, household energy and rental reform from both state and federal politicians.

Parramatta Diocese Social Justice Office, Vinnies NSW Sydney Alliance and the Everybody's Home Campaign are jointly hosting the Assembly. Register now to be part of making a difference for the Common Good at

<https://register.eventarc.com/41575/march-2019-assembly>

16 March - Youth Ministry Masterclass

A day of workshops, input and resource sharing in essential youth ministry skills, leadership, basic Christian theology, leading others in prayer and spiritual encounter, networking within a parish context and the basics in safeguarding. Two streams are offered throughout the day for those beginning in youth ministry and those with extensive experience. Saturday 16 March, 9:30am-4pm at St Aidan's Parish, Rooty Hill and parracatholic.org/cyp-youth-ministry-masterclass/

17 March - St Patrick's Day Picnic in the Northern Deanery

Parishes of the Northern Deanery will hold a picnic for St Patrick's Day, on Sunday 17 March from midday-4pm, at St Madeleine's Primary School, 28 Annangrove Rd, Kenthurst. Bring your own picnic and enjoy entertainment and children's activities provided by the youth ministries of the deanery. Enquiries to Wendy on 0427 863149 or deanerypc@parishofbaulkhamhills.org.au

Other News

JRS Foodbank

The Jesuit Refugee Service's foodbank provides much needed fresh food, non-perishable items, and toiletries to over 350 individuals and families every month. We invite you to join our Lenten Foodbank Appeal: "6 weeks of Lent- Give 6 Things". JRS have identified six staple items that are most frequently requested, and we are encouraging parishioners to bring one designated item to their parish each week over Lent. Contact 02 9098 9336 or kim.smith@jrs.org.au for more information.

For more news check out

<https://parracatholic.org/#LATESTNEWSEVENTS>

<https://catholicoutlook.org/>

The Northern Deanery invites you to our
Family Picnic on 17th March

St Patrick's Day at

St Madeleine's Primary School

28 Annangrove Rd Kenthurst from 12 noon – 4pm



Come, share and meet your fellow parishioners
BYO Picnic lunch and everything you need
Barista coffee available
(No barbeques allowed due to potential fire ban)

Entertainment and children's
activities organised by the Youth
Leaders of your parish.

Deanerypc@parishofbaulkhamhills.org



SOCIAL JUSTICE

⇒ Jesuit Refugee Service (JRS) Food Drive

Lent is a time for reflecting on the enormous sacrifice our Lord made on Good Friday. It's also a time for making sacrifices of our own. One of the purest sacrifices you can make is showing compassion to those in need.

The JRS foodbank provides much needed fresh food and groceries to over 350 individuals and families every month. Foodbank is not your usual food donation service. At JRS we don't make hampers for our clients, but rather allow them to choose their own groceries. We stock our shelves and our fridge like a supermarket, meaning people are able to do their own 'shopping'.

We have identified six staple items that are most frequently requested. Each week parishioners are encouraged to bring in the one designated item to deposit in a box at the church foyer.

Thanks for your generosity, just one item a week makes such a difference. Your contribution is helping JRS accompany, serve, and advocate for these families.

All goods received will have to be transported to JRS Arrupple Place Community Centre on Darcy Rd, Westmead (next to Catherine McAuley). If you would like to provide assistance please contact Margaret Harrison on 0413 900 226

Week 1	Basmati Rice	Week 4	Tinned Tomatoes
Week 2	Tuna in Oil	Week 5	Chickpeas
Week 3	Cooking Oil	Week 6	Red Kidney Beans



Chairman	Members
Bart Sarlabus	Bernadette Virwani
Dep Chairman	Gary Lee
Chris Drummond	Julienne Crasto
Secretary	Nidarshi Fernando
Nanette Gamboa	

YOUTH CORNER

"I can do all things through Christ who strengthens me" Philippians 4:13

BLAZE

BLAZE Youth Group is a fun and exciting way for youths in Years 7 and up to learn about their faith and how to handle the struggles of being a teen.

BLAZE runs during **Friday nights**, weeks 1,3,5,7 and 9 of the school term. Session **starts at 7:15 till 9pm**.

CRL (Community of the Risen Lord)

When: 2nd & 4th Saturdays

Praise & Worship

Time: after 6:00pm vigil mass

YFC (Youth for Christ)

When: 3rd Sundays of the month



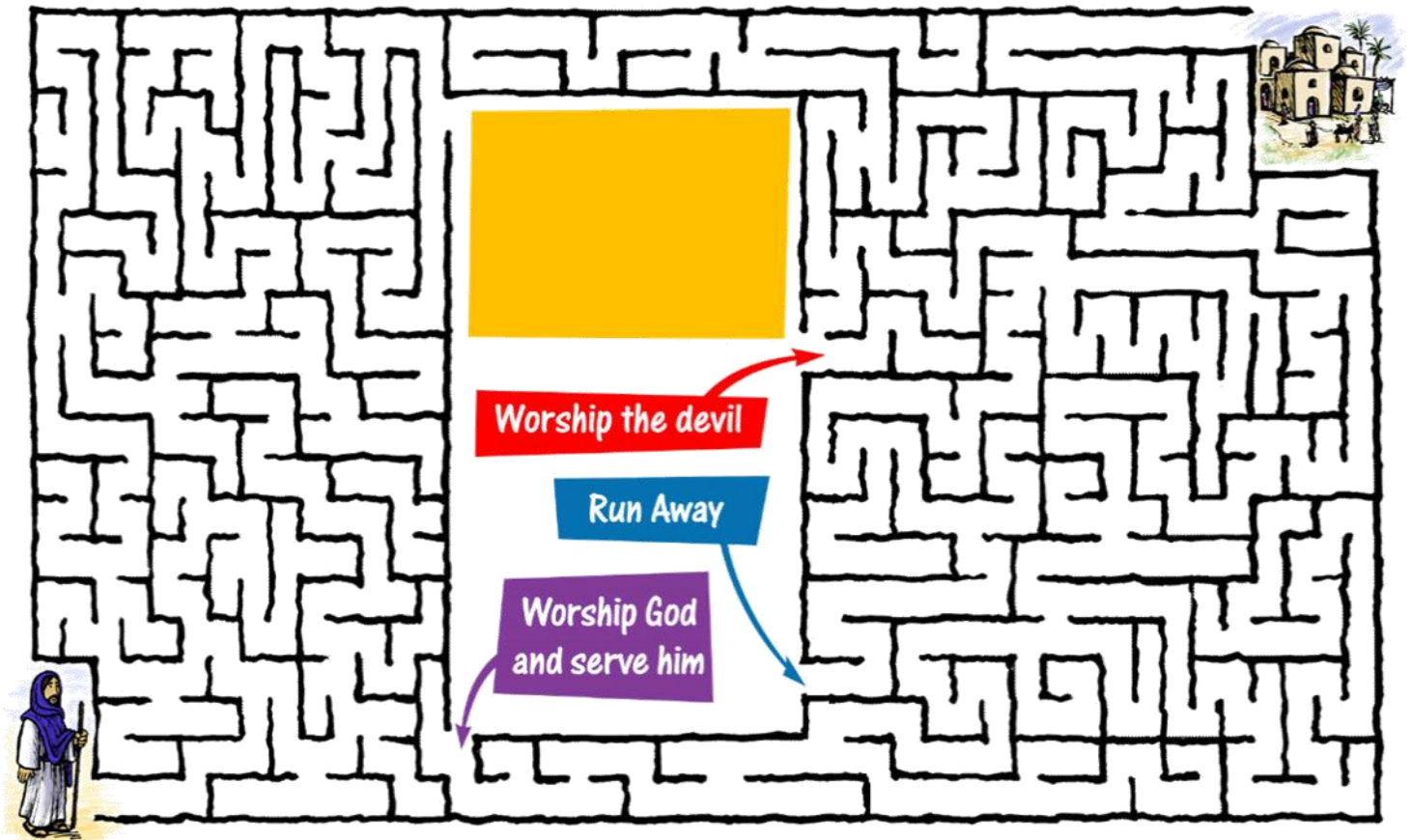
Youth Ministry

SJXXIII Youth is looking for volunteer youth facilitators who are can commit to assisting with our BLAZE fortnightly sessions. Any enquiries can be sent to youth@john23rd.com.au.

✉ For all youth ministry enquiries, email us at youth@john23rd.com

Kids' Corner

Help Jesus find the right path through the desert and into Galilee. Be wary of temptation along the way!



The Holy Spirit led Jesus into the desert

W O R D S E A R C H	Q	H	J	Z	T	F	P	U	S	P	D	E	S	E	R	T	X
	U	C	T	H	Z	Z	K	O	K	T	D	N	A	F	O	U	T
	L	W	C	J	L	T	K	E	Y	U	O	A	S	N	N	X	R
	H	E	P	D	A	H	I	X	T	X	F	N	C	W	X	F	V
	G	H	P	K	S	Y	L	E	C	J	O	T	E	J	N	M	I
	N	P	U	H	C	M	A	Z	K	I	W	R	N	S	K	H	Q
	O	M	V	R	W	R	F	L	U	N	H	U	V	I	F	O	K
	D	U	J	O	V	W	A	P	C	C	Y	H	J	L	F	Z	F
	M	J	E	V	Z	F	L	M	U	A	E	J	G	W	W	O	J
	I	M	G	B	D	E	T	S	E	T	Y	L	O	G	R	A	W
	R	A	V	R	V	Q	J	S	P	X	I	R	P	T	L	P	K
	O	U	R	E	M	G	C	G	L	R	S	B	Y	M	S	Z	A
	D	P	T	A	I	O	S	W	G	H	K	T	Z	V	E	L	W
	Z	N	M	D	O	A	U	L	I	W	I	B	F	I	R	T	M
	Y	A	N	G	E	L	S	P	P	T	L	M	H	B	V	G	V
	F	U	F	B	H	L	N	S	M	R	A	A	D	E	E	T	Q

angels arms bread desert forty hurt jump
 Serve stones temple tested worship



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